



EQUINOX IN THE ANDES 2027

Traveler Prep Guide

*Everything you need to know
before you arrive*

Contact

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In-country contact for all Peru legs

Email is best for questions before departure. For urgent matters within 48 hours of travel, use WhatsApp.

Before You Go

PASSPORT & DOCUMENTS

- Passport valid 6+ months beyond March 30, 2027
- No visa required for US, Canadian, UK, EU, or Australian citizens

HEALTH & VACCINATIONS

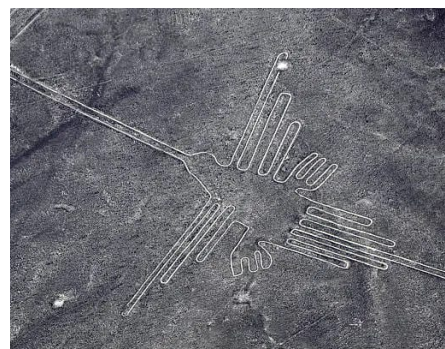
- No required vaccinations — recommended: Hepatitis A, Typhoid, routine boosters
- Altitude sickness is real. Cusco is at 3,400m (11,150 ft). Rest on Day 1.
- Ask your doctor about Acetazolamide (Diamox) — start 1–2 days before Cusco
- Bring all prescription medications — rural pharmacies may not stock them
- Travel insurance is optional but recommended
- Coca tea with mint provided daily — the single best thing for altitude

MONEY

- Peru: Peruvian Sol (PEN) · Chile: Chilean Peso (CLP)
- USD accepted in tourist areas; ATMs in Cusco, Lima, Santiago
- Notify your bank before leaving · Budget \$50–100/day beyond inclusions

FLIGHTS

- Fly into Lima (LIM) — arrive by March 10; group departs March 11
- Easter Island flights (Lima → Santiago → IPC) coordinated by Aaron
- Return home from Santiago (March 30+) — book your own



LIMA · NAZCA LINES

What to Pack



KILLARUMIYOQ — ABOVE 4,000M

CLOTHING

Layers — Cusco mornings 0–5°C, afternoons 15–18°C

Waterproof jacket — rain possible any time in the Sacred Valley

Broken-in hiking boots — uneven stone terrain every day

Light layers for Lima and the coast (warmer, humid)

Warm hat and gloves — Killarumiyoc is above 4,000m

Sunscreen and sunglasses — UV is intense at altitude

Modest clothing for community and ceremony days

GEAR

Daypack (20–30L) for site visits

Water bottle — bottled water available everywhere in Peru

Headlamp with extra batteries (pre-dawn equinox start)

Trekking poles — optional, useful at Inkiltambo and Killarumiyoc

- Camera — phone is fine; altitude light rewards better glass
- Power bank — remote sites may have no outlets
- Universal power adapter (Peru: Type A/C, 220V)

HEALTH KIT

- Altitude medication (consult your doctor)
- Ibuprofen and acetaminophen
- Oral rehydration salts
- Blister kit
- Hand sanitizer and wipes
- All prescriptions + 1 week extra

What to Expect

PACE

Most days involve significant walking on uneven terrain at altitude. Difficulty ratings are in the itinerary. Hard means hard.

FOOD

Peruvian food is excellent and varied. Dietary restrictions manageable with advance notice — note them in your booking form. Cuy (guinea pig) and alpaca are local specialties.

ALTITUDE

Headache and fatigue on Day 1 in Cusco are normal. Drink water constantly, eat light, no alcohol first night. Coca tea with mint is provided daily. Most people adapt in 24–48 hours.

INTERNET & PHONE

- Wi-Fi at most hotels; remote sites have minimal coverage
- Get a Peruvian SIM at the airport (Claro or Movistar) or activate an international plan before leaving

SAFETY & CEREMONY

Peru is safe with normal awareness. Day 7 ceremony at Chinchero is led by Edgar and Wilco — come ready to participate respectfully.

JOINING MID-TRIP

Each leg (Pre-Tour, Main Tour, Easter Island) can be purchased separately. Just arrive by the start date of whichever leg you've booked.



EQUINOX CEREMONY · CHINCHERO

What's Included

MAIN TOUR · MAR 14-25 · FROM \$4,500

- All in-country transport · All site entry fees · Guides
- Breakfast daily · Select lunches · 11 nights accommodation
- Equinox ceremony + community service day at Chinchero

PRE-TOUR · MAR 10-13 · \$2,000 (OPTIONAL)

- Transport Lima → Paracas → Ica → Lima · 3 nights accommodation
- Elongated skull museum · Ica Stones · Nazca Lines overflight · Ballestas Islands
- Breakfasts + select lunches

EASTER ISLAND · MAR 26-30 · \$3,800 (OPTIONAL)

- All in-island transport · Guide · Park entry fees · Select meals
- 4 nights Manutara Hotel, Hanga Roa
- Flights (Lima–Santiago–Easter Island) coordinated by Aaron, billed separately

NOT INCLUDED

- International flights to/from Lima · Travel insurance
- Own-expense meals · Personal purchases · Tips for local guides



MACHU PICCHU · AHU TONGARIKI

Emergency Contacts

- Aaron Hynes (WhatsApp): +1 (208) 794-4981
- Edgar, Peru (WhatsApp): +51 941 467 451
- Peru medical emergency: 116 · Chile: 131
- Cusco 24hr clinic: Clínica Pardo, Av. de la Cultura 710 (your hotel can call them)